

Fundamental Warm Up

Step 1: Breathing and Buzzing

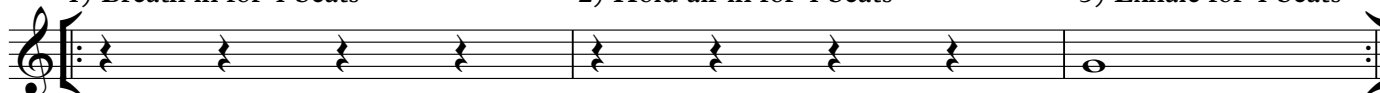
Trumpet playing relies on strong breathing and buzzing.

We always start our practice thinking about these.

1) Breath in for 4 beats

2) Hold air in for 4 beats

3) Exhale for 4 beats



**After a few deep breaths, change the exhale to a strong buzzed whole note on your mouthpiece.*

Focus on creating a strong tone, the note we choose isn't as important as creating a strong even sound.

*Flutter your lips to help them loosen up, and to refresh them when they start to feel tired**

Step 2: Long Tones

Focus on creating a warm consistent sound on each note

1)

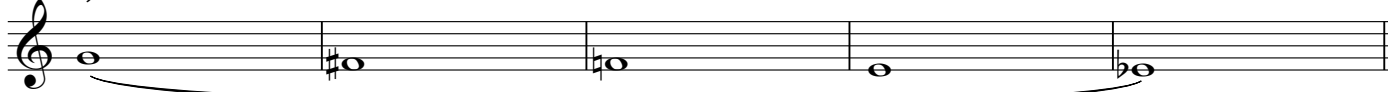


Always rest as long as you play

2)



3)

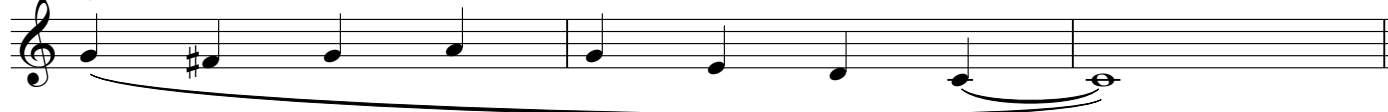


Step 3: Flow Study

Concentrate on keeping our air strong, consistent, and smooth, playing the notes as one long phrase.

Use our air to "push" the higher notes out, rather than squeezing the trumpet into our face.

1)



2)




3)

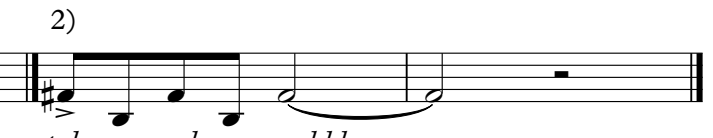


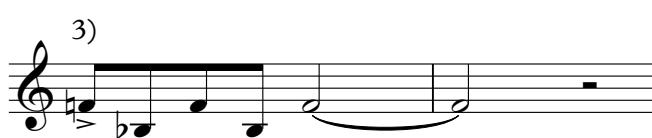
2 Step 4: Lip Slurs

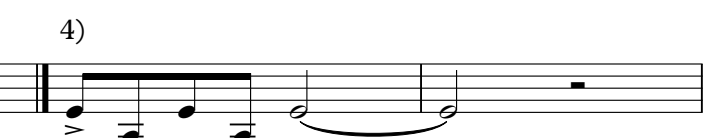
These help us have better control over notes that use the same fingering.

Tongue the first note, then adjust our mouth shape to help the lower note come out.

1) 
tah - aw - ah - aw - ahhh

2) 
tah - aw - ah - aw - ahhh

3) 
tah - aw - ah - aw - ahhh

4) 
tah - aw - ah - aw - ahhh

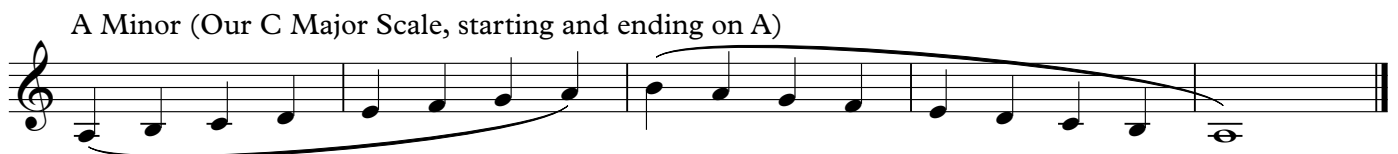
Step 5: Scale Work

These help us practise the C major Scale in a few different ways.

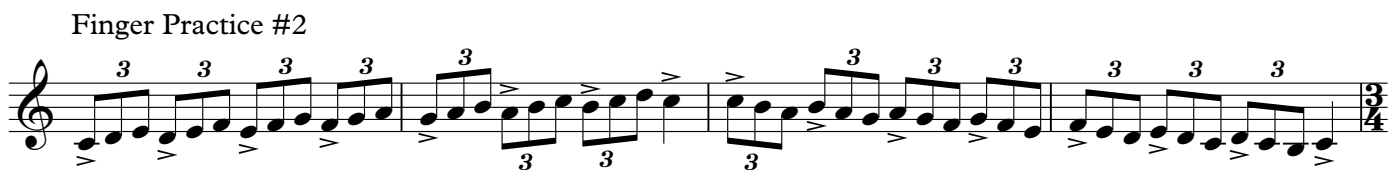
They also help us with our finger speed.

Keep track of your tempo using a metronome; start slow, then speed up when you're comfortable.

C Major Scale 

A Minor (Our C Major Scale, starting and ending on A) 

Finger Practice #1 

Finger Practice #2 

Finger Practice #3: Chromatic Notes

Repeat 2-3 times 